

# **Nationale-Nederlanden San Silvestre Vallecana International Regulations**

## **Article 1**

### **Name and institutions**

On 31 December 2024, the 60th edition of the Nationale-Nederlanden San Silvestre Vallecana International will be held on the streets of Madrid.

The race will be limited to 2,000 runners who meet the minimum requirements set out in article 2.

The event is supported by Consejo Superior de Deportes, Dirección General de Deportes de la Comunidad de Madrid, Dirección General de Deportes del Ayuntamiento de Madrid and Área de Coordinación Institucional del Ayuntamiento de Madrid.

## **Article 2**

### **Who can participate in the Nationale-Nederlanden San Silvestre Vallecana International?**

The minimum qualifying time to participate in the Nationale-Nederlanden San Silvestre Vallecana International must be less than 39 minutes for men and 45 minutes for women in the road or track events validated by the Nationale-Nederlanden San Silvestre Vallecana in 2024 or in the Nationale-Nederlanden San Silvestre Vallecana in 2023. See the list.

This time must be stated by the runner at the time of registration, must be verifiable and must be accredited at the time of collection of the start number by means of a printed document - official classification or accreditation diploma - otherwise the runner will not be able to take part in the race. The organisers may request any document from any runner from the moment of registration until the prize-giving ceremony.

If a competitor presents a false or invalid document, he/she will be disqualified and the entry fee will not be refunded, nor will it be possible to exchange it for a race number for the Nationale-Nederlanden San Silvestre Vallecana Popular.

Only if there are places available in the Nationale-Nederlanden San Silvestre Vallecana Popular will it be possible to switch from the International to the Popular race.

Children under the age of 16 are not allowed to register. Children under the age of 18 must have the permission of their parents or legal guardians to take part in the race. [Download document.](#)

The organisation declines all responsibility for any damage caused by participants during the race, to themselves or to third parties.

### **Article 3**

#### **Route and departure time**

The race will take place over a ten-kilometre, urban, paved course, with the exception of the last 150 metres, which will be run on the stadium grass.

The start line will be on Concha Espina Street, at the corner of Plaza Sagrados Corazones, and the finish line will be at the Vallecas Stadium. The international race will start at 19:55.

The route is as follows Concha Espina (Plaza Sagrados Corazones), Serrano, Republica Argentina, Serrano, Puerta de Alcalá, Alcalá (opposite direction of traffic), Plaza de Cibeles (opposite direction of traffic), Paseo del Prado (opposite direction of traffic), Plaza de Cánovas del Castillo / Neptuno (opposite direction of traffic), Paseo del Prado (opposite direction), Plaza Emperador Carlos V (opposite direction), Ciudad de Barcelona, Albufera, Monte Igueldo, Martínez de la Riva, Carlos Martín Álvarez, Puerto de Monasterio, Payaso Fofó, Arroyo del Olivar, Estadio de Vallecas.

### **Article 4**

#### **Categories**

The following categories will be established:

- **Absolute Popular male and female (\*)**.
- **Senior women and men, born in 2001 or later (\*\*)**

Under 23 women and men, born in 2002 - 2003 - 2004 (\*\*)

Under 20 females and males, born in 2005 - 2006 (\*\*)

Under 18 female and male, born in 2007 - 2008(\*\*)

- **Female and male championship category**

o M35/F35 - from 35 to 39 years old (\*\*)

o M40/F40 - from 40 to 44 years old (\*\*)

o M45/F45 - aged 45 to 49 (\*\*)

o M50/F50 - aged 50 to 54 (\*\*)

o M55/F55 - aged 55 to 59 (\*\*)

o M60/F60 - over 60 (\*\*)

(\*) This is the only category that will receive a prize on 31 December at 20:00 in the Vallecas stadium.

(\*\*) This category will receive the trophy from 3rd February 2025 at the address indicated in the registration.

## **Article 5**

### **Deadlines and entry fees**

Registration will be open from 2 October 2024 until all entries are sold out or until 15:00 on 30 December 2024.

Entries may be submitted via the website [www.sansilvestrevallecana.com](http://www.sansilvestrevallecana.com).

The registration fee is 25 € (an administration fee of 0.80 € will be added to each registration). Registration is personal and not transferable.

Participants who do not have a regional licence from the Federación Madrileña de Atletismo (regional licences from other provinces are not valid) or a licence from the RFEA will be charged 3 euros for the one-day licence, which will be added to the total registration fee for the race. This amount goes entirely to the RFEA.

As an option, and on a voluntary basis, each runner can choose the "Dorsal Zero".

## **Article 6**

### **Deadlines and registration fee**

Registration must be made exclusively via the website [www.sansilvestrevallecana.com](http://www.sansilvestrevallecana.com). Registration will be open from 24 June 2024 for those registered for the 2023 edition and from 1 July 2024 for all other runners. In all cases, registration will close at 23:00 on 23 December 2024.

The registration fee will be €25 (each registration will be increased by €0.80 for administrative costs).

From 2 September, the registration fee will be €27 (€0.80 administration fee will be added to each registration).

When registering, you can choose the option "Mobile cloakroom at the Salida-Llegada", which costs €5, or "Fixed cloakroom Vallecas", which costs €1. Details of this service are included in article 7 of these regulations.

As an option and on a voluntary basis, each runner may choose the "Dorsal Zero".

## **Article 7**

### **What is included in the entry fee?**

The entry fee for the race entitles you with

- Participation in the Nationale-Nederlanden San Silvestre Vallecana International 2024.
- Participation in the Virtual Race of the Nationale-Nederlanden San Silvestre Vallecana 2024.
- Commemorative Boomerang T-shirt.

It is not possible to change the size of the T-shirt requested during registration. If there is no size available when you register, the size you choose will be the one delivered. No more T-shirts will be made and cannot be exchanged.

- Accident insurance (only for participants during the physical race, not during the virtual race).
- Race number with timing chip.
- Refreshments at the start and finish.
- Organisation of start boxes by time. Individual start at 19:55.
- Medical service during the international race (start, course and finish).
- Appearance in the race classification.
- Cloakroom service, located on Segre Street at the corner of Plaza de los Sagrados Corazones from 19:00 to 19:40. The bags will be distributed outside the stadium in Street Payaso Fofó.

## **Article 7**

### **Collection of chip, T-shirt and bib**

The collection of the chip/bib number and the T-shirt will take place at the Centro Deportivo Municipal Daoiz y Velarde. Avda. Ciudad de Barcelona, 162 (Posterior) 28007 Madrid, from 10:00 to 21:00 from 26 to 30 December 2024.

It will only be possible to collect the chip, race number and commemorative T-shirt on the day and at the time chosen when registering. Only in the case of force majeure is it possible to request a change of collection date by sending an email to [cambios@sansilvestrevallecana.com](mailto:cambios@sansilvestrevallecana.com).

In order to collect your chip, bib and commemorative T-shirt, you must present a valid form of identification (DNI/NIE, passport or driving licence) together with the registration voucher/confirmation email sent to the contact email address and the accreditation of the personal mark as described in point 2.

A photocopy of the runner's identity card, written authorisation from the registration holder, proof of registration/confirmation email and accreditation of the corresponding mark must be presented to collect the registration of another person. The organisers reserve the right to request the original document if they consider the photocopy submitted to be fraudulent. If a competitor presents a forged document, he/she will be disqualified and the entry fee will not be refunded.

In the case of not having insurance for one day, the participant must also present the territorial licence of the Federación Madrileña de Atletismo (territorial licences from other provinces are not valid) or the RFEA.

Under no circumstances can the race number be collected on the day of the race.

Registration is personal and non-transferable. Only in the event of serious injury to the holder of the bib, and upon presentation of a medical certificate, may the bib be transferred to another person designated by the injured runner, who must in any case obtain the necessary accreditation to take part in the Nationale-Nederlanden San Silvestre Vallecana International. Under no circumstances will the entry fee be refunded. The runner must wear the race number provided by the organisers correctly, in full view, without tampering with or cutting it, throughout the

entire course between the access to the start boxes and the finish arch. Failure to do so will result in immediate disqualification.

Misuse of the chip means that it will not appear in the official results of the race. There will be a chip control point at the chip collection point to check that the chips are working correctly.

The organisation cannot be held responsible if the event is cancelled or postponed due to force majeure..

## **Article 8**

### **Medical Service**

The organisation will provide an adequate medical service at the start, finish and along the course. The participant authorises the medical services of the race to carry out any treatment that he/she may need, whether or not he/she is in a position to request it; if the organisation or the medical services require it, the participant agrees to abandon the race.

## **Article 9**

### **Authorised vehicles and restrictions on accompanying runners**

The only vehicles authorised to follow the race are those specified by the organisers.

It is strictly forbidden to participate in or follow the runners with cars, motorbikes, bicycles, skates, scooters or prams, as well as with pets, because of the danger they could pose to the athletes.

It is strictly forbidden to participate without a race number under any circumstances.

## **Article 10**

### **Disqualifications**

Any athlete who does not comply with the current regulations of Real Federación Española de Atletismo and, failing that, those of WORLD ATHLETICS, will be disqualified.

In addition, the medical service of the race and the race director and/or the judges present will have the power to withdraw during the race:

An athlete who is in poor physical condition. An athlete who does not complete the entire course.

Any athlete who falsifies or manipulates the information on the start number.

Any athlete who behaves in an unsportsmanlike manner or repeatedly makes protests to the organisation other than those provided for in article 11 of these regulations.

The athlete who does not reach the finish line within the maximum time allowed (50 minutes for the Nationale-Nederlanden San Silvestre International Men, 65 minutes for the Nationale-Nederlanden San Silvestre International Women) will be considered to have abandoned the race or to be out of control.

## **Article 11**

### **Complaints**

Complaints must be made to the referee within 30 minutes of the results being announced. In the event of a dispute, a deposit of €60 will be forfeited pending the decision of the Jury of Appeal. Only if the jury decides that the complaint is justified will the deposit be returned. Any competitor who fails to comply with this procedure may be disqualified in accordance with article 10 of these rules.

## **Article 12**

### **Rankings**

The official ranking of runners is the sole responsibility of the Jury of the Athletics Federation. The unofficial results will be published on the race website [www.sansilvestrevallecana.com](http://www.sansilvestrevallecana.com).

For the Nationale-Nederlanden San Silvestre Vallecana International, the gross time (time from the start) is the official time. If a competitor's name does not appear in the ranking, an e-mail should be sent to [info@sansilvestrevallecana.com](mailto:info@sansilvestrevallecana.com). Before sending, it is necessary to make sure that the chip is correctly positioned. In order to be able to detect an incorrect chip reading, it is very helpful to indicate if you have started or finished at the same time as a runner who appears in the rankings, in which case you should give your details.

The period for making corrections to classifications will be open from 3 January 2025 to 13 January 2025.

## **Article 13**

### **Trophies**

Trophies will be awarded to the first three in each category. Only the absolute category will receive a trophy on the day of the race.

## **Article 14**

### **Doping controls**

Doping controls will be carried out at the international event in accordance with the current regulations of WORLD ATHLETICS and the RFEA.

## **Article 15**

### **Image rights**

Acceptance of these regulations implies that the participant authorises the organisation to record all or part of his/her participation in the event and gives his/her consent for his/her image to be used as a result of the promotion and dissemination of the event in which he/she has participated, without the right to receive any financial compensation.

## **Article 16**

All the provisions of the previous articles shall be governed by the current Competition Regulations of the Real Federación Española de Atletismo and, failing that, by those of WORLD ATHLETICS.