

Regulation Nationale-Nederlanden San Silvestre Vallecana Popular

Article 1

Name and institutions

The 31st of December 2024 the 47th edition of the Nationale-Nederlanden San Silvestre Vallecana Popular, which is done through the streets of Madrid, its going to take place.

The event will have the collaboration of the Consejo Superior de Deportes, Dirección General de Deportes de la Comunidad de Madrid, Área Delegada de Deporte del Ayuntamiento de Madrid y Oficina de Actos en Vía Pública del Ayuntamiento de Madrid.

Article 2

Who can participate in the Nationale-Nederlanden San Silvestre Vallecana?

Anyone can participate, regardless of age or sex, as long as they are registered and in good physical condition.

Those under 16 years of age on 31 December 2024 cannot register. Anyone under the age of 18 must have their mother, father or legal guardian sign a declaration when they collect their race bib [Download the document.](#)

Participation in this race is at the sole risk of the participant. By registering, they confirm that they are in perfect physical condition, exempting the organisation from any responsibility for any mishap suffered during the previous training and/or during the race.

The organisation declines all responsibility for any damage that participants may cause to themselves or to third parties during the event.

The number of participants is limited to 40,000.

Article 3

Course and starting times

The event will take place on a certified course of 10 kilometres, entirely urban and on asphalt.

The start will take place from 16:50 in several successive waves: 16:50,17:00,17:15, 17:35, 17:55 y 18:20. The start will be on Calle Concha Espina, next to Plaza Sagrados Corazones, and the finish will be next to the Vallecas Stadium (Calle Candilejas).

The waves will be organised by time and in this order:

16:50 Handbike and athletics chairs.

17:00 Runners with an accredited time under 50 minutes (<50 minutes). The maximum number of runners in this wave will be 8,000.

17:15 Runners with an accredited time between 50 and 60 minutes (between <52 minutes and <60 minutes). The maximum number of runners in this wave will be 8,000.

17:35, 17:55 and 18:20 Runners with no accredited time or over 60 minutes. In this case, the runner will choose the time of the wave when registering. The maximum number of runners in each wave will be 8,000.

The route will run through Concha Espina (Sagrados Corazones square), Serrano, Republic of Argentina, Serrano, Puerta de Alcalá, Alcalá (opposite direction of traffic), Plaza de Cibeles (opposite direction of traffic), Paseo del Prado (opposite direction of traffic), Plaza de Cánovas del Castillo / Neptuno (opposite direction), Paseo del Prado (opposite direction), Plaza Emperador Carlos V (opposite direction), Ciudad de Barcelona, Albufera, Sierra del Cádiz, Carlos Martín Álvarez, Martínez de la Riva, Candilejas (corner of Tiempos Modernos).

Article 4

Categories

The following categories will be established:

- **Absolute Popular male and female ***.
- **Junior male and female**

Born in 2005, 2006, 2007 and 2008 (16, 17, 18 and 19 years old).

- **Promising male and female**

Born in 2002, 2003 and 2004 (20, 21 and 22 years old).

- **Senior men and women**

Born between 1989 and 2000.

- **Veterans male and female**

o M-35 from 35 to 44 years old (born between 1980 and 1989).

o M-45 from 45 to 54 years old (born between 1970 and 1979).

o M-55 from 55 to 64 (born between 1960 and 1969).

o M-65 over 65 (born in 1959 or earlier).

- **Men's and women's handbike and athletics.**

(*) The trophies for this category will be given out on the day of the race at the Vallecas stadium at 19:50.

There will be a special start for the handbike and wheelchair categories at 16:50. Participants in these categories are encouraged to take advantage of this extra start in order to run better, as the course will be completely free.

Anyone wishing to take part in this category (handbike and wheelchair) must register in the same way as the rest

of the runners and send an e-mail to info@sansilvestrevallecana.com so that the meeting point at the start and finish can be indicated.

Article 5

Blind runners

Blind runners must register in the same way as all other runners and are subject to the regulations of the Nationale-Nederlanden San Silvestre Vallecana.

The blind runner must prove that he/she has achieved a mark in an approved race.

In order to provide the guide with a race number, an e-mail must be sent to info@sansilvestrevallecana.com with the details of the guide (name, surname, e-mail and telephone number).

If there is no guide, the registered runner must send an email to info@sansilvestrevallecana.com requesting one and the organisation will provide one. He/she must indicate the registration number and the accredited time.

Article 6

Deadlines and registration fee

Registration must be made exclusively via the website www.sansilvestrevallecana.com. Registration will be open from 24 June 2024 for those registered for the 2023 edition and from 1 July 2024 for all other runners. In all cases, registration will close at 23:00 on 23 December 2024.

The registration fee will be €25 (each registration will be increased by €0.80 for administrative costs).

From 2 September, the registration fee will be €27 (€0.80 administration fee will be added to each registration).

When registering, you can choose the option "Mobile cloakroom at the Salida-Llegada", which costs €5, or "Fixed cloakroom Vallecana", which costs €1. Details of this service are included in article 7 of these regulations.

As an option and on a voluntary basis, each runner may choose the "Dorsal Zero".

Article 7

What is included in the registration fee?

The registration fee for the race entitles you with:

- Participation in the Nationale-Nederlanden San Silvestre Vallecana Popular 2024.
- Participation in the Virtual Race of the Nationale-Nederlanden San Silvestre Vallecana 2024. This race can be run from 00:00 on 28 December 2024 until 23:59 on 31 December 2024.
- Boomerang commemorative T-shirt

It is not possible to change the size of the T-shirt requested at the time of registration. If there is no size available

at the time of registration, the size you choose will be the size provided. No more T-shirts will be made and cannot be exchanged.

- Timing chip/bib for the Popular Race and timing via the race app for the Virtual Race. The timing chip will be placed in your shoe. Incorrect use of the chip means that it will not appear in the official race results.

- Appearance in the race results.

- Accident insurance (only for participants during the physical race, not during the virtual race).

- Hydration at the start and finish of the Popular Race.

- Start/finish times for the Popular Race.

- Medical service during the race (start, course and finish) for the Popular Race.

- Two cloakroom services for the Popular Race: you must choose which one you want when you formalise your registration, not when you collect your t-shirt/bib or on the day of the race.

“Permanent cloakroom in Vallecas”

It will be open in the finish area on the 30th of December from 15:00 to 20:00 and on the 31st from 10:00 in the tents located at the corner of the stadium in Vallecas (Arroyo del Olivar Street and Payaso Fofó Street).

Only rucksacks will be accepted and they must be placed in a plastic bag measuring 40 x 50 cm. It is compulsory that the rucksack to be handed in fits these dimensions.

The cost of this cloakroom is 1 euro.

“Mobile cloakroom “Salida-Meta”

It will be open from 14:30 to 16:30 on 31 December. Runners will not be allowed to enter the area after this time.

It will be located in the start area, on the side of Paseo de la Castellana between Paseo de la Habana and Hermanos Pinzón Street. The organisation is responsible for the delivery of the bag with the runner's belongings to the finish line: they will be delivered in the vans located on Payaso Fofó Street, after the post-race bag has been collected and before arriving at the Vallecas Stadium.

The cost of this service is 5 euros.

IMPORTANT

When you collect your race package, you will be given a wristband that will allow you access to the handover area. Once there, you will be given a 40x50cm bag to put ALL your belongings in. The organisation will not take anything that is not in the bag.

Article 8

Collection of the runner's pack at the race

Collection of chip/bib and T-shirt

The chip/bib and T-shirt collection will take place at the Daoiz y Velarde Centro Municipal, Avda. Avda. Ciudad de Barcelona, 162 (Posterior) 28007 Madrid, from 10:00 to 21:00 from 26 to 30 December 2024.

It will only be possible to collect the chip/bib and T-shirt on the day and in the time slot chosen at the time of registration. Only in the case of force majeure will it be possible to request a change to the pick-up date by sending an email to cambios@sansilvestrevallecana.com. If the change is made, the organisation cannot guarantee that the size chosen by the participant at the time of registration will be available.

In order to collect the T-shirt/bib and chip, a valid identity document (DNI/NIE, passport or driving licence) must be presented together with the registration voucher/confirmation email sent to the contact email address and the accreditation of the personal mark as described in article 9.

To collect the runner's pack of another person, a photocopy of the runner's identity document, written authorisation from the holder of the registration, proof of registration/confirmation email and accreditation of the corresponding trademark must be presented. The organisers reserve the right to request the original document if they consider the photocopy submitted to be fraudulent. If a competitor presents a forged document, he/she will be disqualified and the entry fee will not be refunded.

On the day of the race, the chip/bib and T-shirt cannot be collected under any circumstances.

Registration is personal and non-transferable. Only in the event of serious injury to the holder of the registration, and on presentation of a medical certificate, may the bib be transferred to another person designated by the injured runner. Under no circumstances will the entry fee be refunded.

The T-shirt provided by the organisation must be worn correctly, in full view, without tampering or cutting, throughout the entire course from the entrance to the wave boxes to the finish arch. Failure to do so will result in immediate disqualification. Under no circumstances will a runner receive a race number to replace this T-shirt.

The organisation will not be held responsible if the event is cancelled or postponed due to force majeure.

Have the Runner Pack delivered to your home address

If you choose this option, your pack will be delivered to the address you provide on your registration form from 2nd December. Deliveries will not be made according to the date of registration, but for operational reasons depending on: size of T-shirt chosen, peninsular or not. Registrations made after the 20th of December are not guaranteed to arrive before the race on the 31st of December.

In addition to the T-shirt, the runner's pack includes the chip/bib number, the cloakroom wristband of your choice and the surge box access wristband if you wish to run the Popular Race.

There is an extra charge of €5 for this service, which will be added to the registration fee.

We kindly ask you to fill in all the details in order to avoid any incidents.

Article 9

Accreditation marks for the various waves

In order to receive a timing wristband, which will allow you to start from a time slot of less than 60 minutes, you must select it when you register. At the time of collecting the chip/bib and T-shirt, the competitor must accredit his/her mark with a printed document (official classification or accreditation diploma) and receive the corresponding wristband.

These marks must be achieved in the 10 km track or road races validated by the Nationale-Nederlanden San Silvestre Vallecana in 2024 or the Nationale-Nederlanden San Silvestre Vallecana in 2023, published on the race website. See the list.

The organisers may require any competitor to provide proof of marks from the time of registration until the prize giving ceremony. If the competitor provides a false proof of mark, he/she will be disqualified and the entry fee will not be refunded. In the absence of such proof, the runner will start from the last draw. It is the responsibility of the runner to keep the wristband once it has been issued to enter the starting box: no new wristband will be issued if it is lost, damaged or stolen.

Article 10 Medical

Medical Service

The organisation will provide an adequate medical service at the start, finish and along the course. The participant authorises the medical services of the race to carry out any treatment he/she may need, whether or not he/she is in a position to request it; if the organisation or the medical services require it, the participant agrees to abandon the race.

Article 11

Authorised vehicles and restrictions on accompanying runners

The only vehicles authorised to follow the race are those specified by the organisers.

It is strictly forbidden to participate or follow the runners in cars, motorbikes, bicycles, skates, scooters or with prams, as well as with pets, because of the danger they could pose to the athletes.

It is strictly forbidden to participate without a T-shirt/bib number under any circumstances.

Article 12

Disqualifications

Any athlete who does not comply with these rules will be disqualified.

In addition, the medical service of the race and the race director and/or the referees present are authorised to withdraw during the race:

An athlete who is in poor physical condition.

An athlete who does not complete the entire course.

Any athlete who does not have his or her race number or does not make it visible.

Any athlete who does not wear the T-shirt provided by the organisation correctly, visibly and without tampering or cutting throughout the course, from the entrance to the wave boxes to the finish arch. Failure to do so will result in immediate disqualification.

The athlete who does not reach the finish line within the maximum time allowed (1 hour and 20 minutes) from the start of his wave.

The athlete who repeatedly complains to the referee, timekeeper, race director or any member of the organisation, provided that the complaint does not comply with the provisions of Article 15.

Article 13

Rankings

The unofficial results will be published on the race website www.sansilvestrevallecana.com.

The net times (time from passing the starting arch) for the Nationale- Nederlanden San Silvestre Vallecana Popular will be considered official, except for the absolute prize, for which the gross time (time from the starting arch) will be considered official.

If a competitor's name does not appear in the ranking, an e-mail should be sent to info@sansilvestrevallecana.com. Before sending, it is necessary to make sure that the chip has been placed correctly. In order to detect a misplaced chip, it is helpful to indicate if you have started or finished at the same time as a runner who appears in the rankings, in which case you should provide your details.

The period for making corrections to rankings will be open from 3 January 2024 until 13 January 2025.

Article 14

Trophies

Trophies will be awarded to the first three finishers in each category and will be sent to the address indicated on the registration form by 3rd February 2025. In the Absolute Popular category (male and female), these trophies will be awarded on the day of the race at the Vallecas stadium at 19:50.

Article 15

Complaints

Classification complaints must be submitted to the timekeeper or race director within 30 minutes of the runner crossing the finish line, accompanied by 40 euros. This amount will be retained until a decision has been made

on the complaint, taking into account the time needed to carry out the necessary checks and consultations. The deposit will be returned only if the decision is that the complaint is justified. Any competitor who fails to comply with this procedure may be disqualified in accordance with Article 12 of these Regulations.

Article 16

Right of image

Acceptance of these regulations implies that the participant authorises the organisation to record all or part of his/her participation in the event and gives his/her consent for his/her image to be used as a result of the promotion and dissemination of the event in which he/she has participated, without the right to receive any financial compensation.

Article 17

Acceptance of the regulations

By registering, all participants confirm that they have read, understood and accepted these regulations.

Article 18

All matters not provided for in the previous articles will be decided by the Organising Committee of the event.